



*Accelerating performance for leaders, teams and individuals.
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Exceptional Horizon's Recommended Reading List . . .

Note: This list under constant revision!!

For Emotional Intelligence (EQ):

General:

- "Emotional Intelligence 2.0" (2009) . . . Travis Bradberry, Ph.D. and Jean Greaves, Ph.D. (No charge on-line assessment included).
- "The Emotional Intelligence Quick Book" (2005) . . . Travis Bradberry, Ph.D. and Jean Greaves, Ph.D. (no charge online assessment included).
- "PeopleSmart . . . Developing Your Interpersonal Intelligence" (2000) - Mel Silberman, Ph.D. with Freda Hansburg, Ph.D.

Leaders:

- "Primal Leadership. . . Realizing the Power of Emotional Intelligence" - Daniel Goleman, Richard Boyatzis, Annie McKee
- "Executive EQ" - Robert Cooper, Ph.D. (1997)
- "Working With Emotional Intelligence" (1998) - Daniel Goleman
- "The Handbook of Emotionally Intelligent Leadership - Inspiring Others to Achieve Results" - By Daniel A. Feldman, Ph.D. – ISBN – 0-9670988-0-7. (Assessment in book).
- "At the Heart of Leadership . . . How to Get Results with Emotional Intelligence" (2007) . . . Joshua Freedman (on charge code for an online assessment included)
- "Haunting the CEO – A tale of true leadership in an era of IT failure." (2011) – by John D. Hughes" – Though not specifically on EQ, this is a great parable on leadership that incorporates critical EQ criteria.

For Self Awareness:

- *Leadership and Self Deception . . . Getting Out of the Box* . The Arbinger Institute (2000)

For Recognition:

- *Encouraging the Heart . . . A Leader's Guide . . .* by James Kouzes, Barry Posner

For Trust:

- *The Speed of Trust - The One Thing that Changes Everything* by Stephen Covey (2006)

For Workplace Levity:

- *The Levity Effect - Why It Pays to Lighten Up* - Adrian Bostick & Scott Christopher, 2008

For Dealing with Conflict::

- *Difficult Conversations . . . How to Discuss What Matters Most* By Douglas Stone, Bruce Patton, Sheila Heen 1999
- *Crucial Conversations - Tools for Talking When Stakes are High* - By Kerry Patterson, Joseph Grenny, Ron McMillan and Al Switzer
- *Fierce Conversations (2002)* by Susan Scott

For Application:

- *PeopleSmart . . . Developing Your Interpersonal Intelligence* By Mel Silberman, Ph.D. – ISBN: 1-57675-091-4

For EQ Hiring:

- *The EQ Interview – Finding Employees with High Emotional Intelligence* by Adele B. Lynn (2008)

For Dealing with Change:

- *SWITCH . . . How to Change Things When Change is Hard* by Chip & Dan Heath (2010)

EQ Educational Website:

- www.eiconsortium.org - collection of research, info. on EI – excellent, respected generic EQ information resource, good data available/downloadable.

"Talk so people will listen; listen so people will talk." Travis Bradberry, Ph.D.

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